



Weather Together – Flooding: Game of BOB



20 Minutes



Groups of 4



Teamwork



Apply your learning to prepare for and cope with a flood

What you need

- Optional: print out of character cards – one set per group
- Optional: print slide 17, one per group, for learners to examine directly
- Optional: highlighters.
- Optional: prepare for 'take a pause' by having a song ready for learners to listen to.

Success criteria

- Must play The Game of BOB (bug out bag).
- Could make a list of items for your BOB.

How to run the activity

1. Invite learners to take a pause [3]. Use a song to encourage focus (optional).
2. Introduce the session and the big question [4,5].
3. Share Ben's story to help students understand flood emergencies [6].
4. Use slides 7-12 to play the game of BOB (bug out bag). Learners play the game to identify the importance of having a BOB. They choose a character, listen to a scenario and then select items for their BOB against the clock.
5. Share the definition of BOB [14-16].
6. Review what the Red Cross suggests including [17].
7. Encourage learners to reflect on how the scenario would be different if their character already has a BOB ready and discuss [18].
8. Refer back to the big question to review progress [19].

Ways to adapt

- If it suits your learners better, skip the use of the character cards and ask learners to play the scenario as themselves.
- Adapt the activity by having learners work independently before sharing ideas.
- Prepare an example BOB for learners to physically explore. Challenge learners to identify each item and explain why it is included.
- Provide challenge by asking learners to write a persuasive argument about why people should create a BOB now.

Curriculum links

- England: PSHE, Language and literacy, Citizenship
- Scotland: Health and wellbeing, Literacy
- Wales: Health and Wellbeing, Languages, Literacy and Communication
- Northern Ireland: Communication, Thinking skills and personal capabilities, Language and literacy

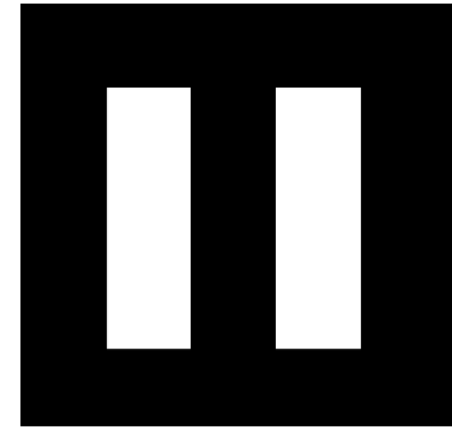


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Take a moment to really listen

1. Sit up straight with your feet flat on the floor.
2. Take a long slow breath and ask yourself: how does my body feel now?
3. Listen to the song and see if you can focus on a particular instrument or vocal. Keep focussing on this throughout the song.
4. At the end, check in with yourself again by asking: how does my body feel just now?

Take a pause



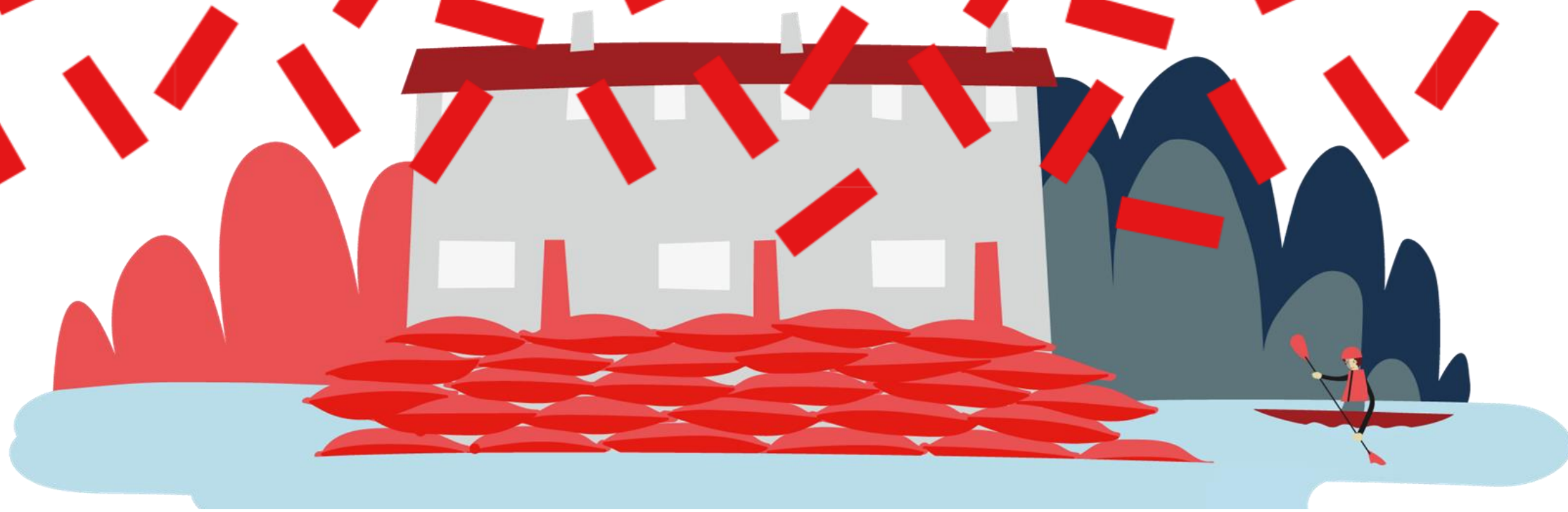
mindful music

Pause

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Objective: **Apply** your learning to prepare for and cope with a flood.
To meet this objective, you'll play through a scenario game to learn
how to prepare for a flood.





Big question

How can **you** prepare for a flood emergency?

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Weather **Together**

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- Flooding
- Game of BOB
- Apply
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Learn from Ben's story

What is it like to be evacuated in a flood?



Ben's story

Evacuated = leave a dangerous place and go to a safe place.

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Play



It's hard to hear about Ben's experience. Sadly, this has happened to many people in the UK.

How to play:

1. Working in your group, choose a character from the three that you will hear about shortly
2. Listen as a scenario is shared with you
3. Your character has 1 minute to take action.

What should they grab?

Play the Game of BOB to help you be prepared if you are ever in this situation.

Game of BOB

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Creativity 8/10

Resilience 6/10

Resourcefulness 5/10

Community connections 9/10



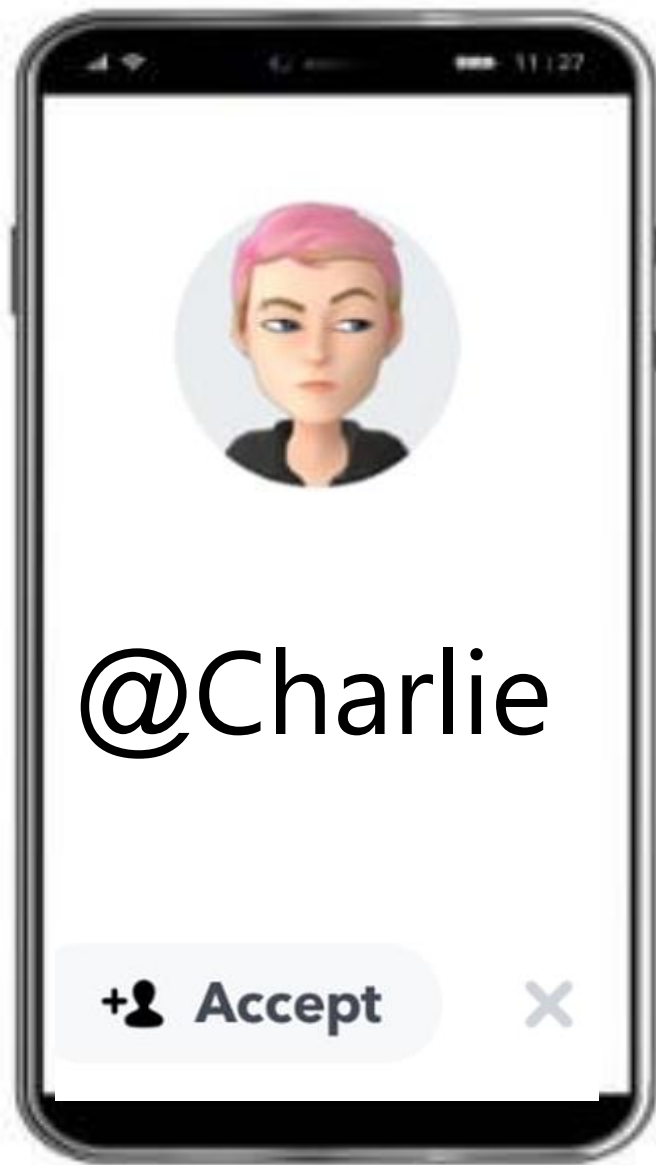
Femi

Femi lives in a semi-detached house with his dad. Their house is on a hill. Femi's family have lived in this town for generations, so he has lots of relatives nearby. Femi is a member of the under 16s football team and his dad runs the Scout group, so they are well known in the community. They have a car, but it is quite old and not very reliable. Femi generally cycles everywhere he needs to go. He has a BMX bike.

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Creativity 7/10

Resilience 7/10

Resourcefulness 6/10

Community connections 4/10



Charlie

Charlie lives in a small village with her parents, two sisters, and three dogs. They are surrounded by fields, which is great for long walks and bike rides. They moved to the village from the middle of Birmingham. Charlie's parents love being away from the noise and busyness of the city, but Charlie doesn't. They work from home and Charlie and their sisters go to school fifteen minutes away by car. They don't have any family in the area: just a few friends in the village.

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Creativity 9/10
Resilience 6/10
Resourcefulness 6/10
Community connections 6/10



Cheyenne lives in a flat in the middle of a city with her aunt and sibling. She loves where she lives, everything is on her doorstep. If she wants to go shopping or get some food, it's a five-minute walk to her favourite place. If she wants to see her friends, she can walk to them, or get the bus. Her family don't have a car: they use trains if they need to travel outside of the city. Cheyenne has many friends in the city but no family in the area.

Cheyenne

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1



2



3



4



5



6



Select the images to reveal text in order

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■ ■ ■ ■ ■ Flooding ■ Game of BOB ■ Apply ■ ■ ■ ■

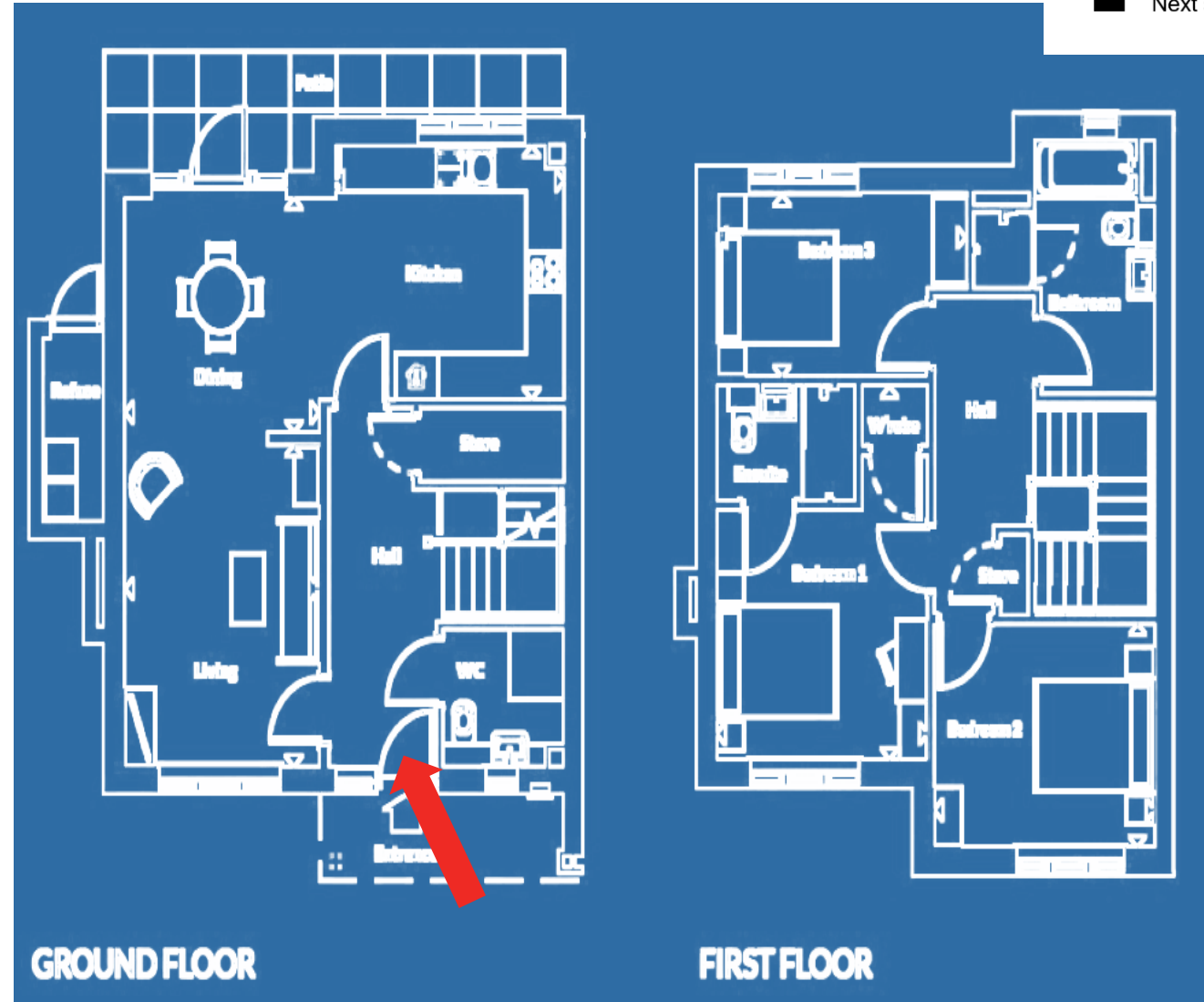
Scenario storyboard

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What does your character grab?

- In your group, you have **1 minute** to **write a list** of what your character needs to grab from their house before they leave.



Scenario

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The game of

BOB

Reflect

What were the challenges for your character?



How did it feel to choose items in such a hurry?



How did your body feel?

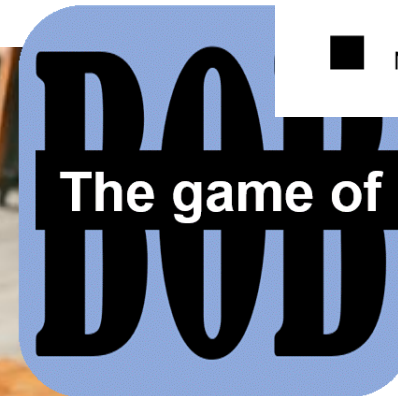
Weather **Together**



The game of **BOB**

A bag that contains the most essential things you'd need to grab in an emergency, all in one place.





Next slide

Bug out bag

Look back at your list of items that your character should grab.

What would you remove/add now?



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Flooding

Game of BOB

Apply



Compare your BOB list to the British Red Cross' emergency kit list.

Update your list with any new ideas.



www.redcross.org.uk/get-help/prepare-for-emergencies/prepare-an-emergency-kit

Emergency kit for on the move:

- pack spare clothes
- ready-to-eat food, a warm drink in a flask and bottled water
- mobile phone and charger
- any essential medication
- essential things from the bathroom
- spare glasses or contact lenses
- cash and credit cards
- a paper list of emergency contact numbers
- baby and pet supplies if needed
- a battery-operated torch and spare batteries.



Bug out bag

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Imagine your character is faced with this situation again but they have prepared a BOB.

How will their experience be different this time? Why?

The game of
BOB

Next slide

Bug out bag

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Big question ■

How can **you** prepare for a flood emergency?

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Thank **you**



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Flooding

Game of BOB

Apply



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End



Resources and support

Weather **Together**



Flooding



Game of BOB



Apply



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Where to find more information

Get advice and information in a flood by calling Floodline.
Telephone: **0345 988 1188**
Textphone: **0345 602 6340**
24-hour service
Sign up for free alerts



<https://www.gov.uk/sign-up-for-flood-warnings>

Visit the British Red Cross website to learn more about how to prepare for and cope in a flood.



www.redcross.org.uk/get-help/prepare-for-emergencies/how-to-prepare-for-floods-and-flooding

Learn how the British Red Cross is ready to help in a crisis.



www.redcross.org.uk/stories/disasters-and-emergencies/uk/how-the-british-red-cross-helps-during-a-flood

Resources

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■ ■ ■ ■ ■ Flooding ■ Game of BOB ■ ■ ■ ■ ■

■ Apply





You can also find tips on how to prepare for emergencies both at home or while out and about.



Use this QR code to download

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Learn first aid skills with our free app



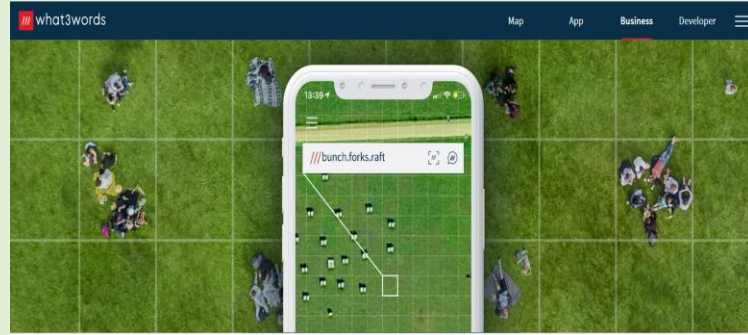
First aid app

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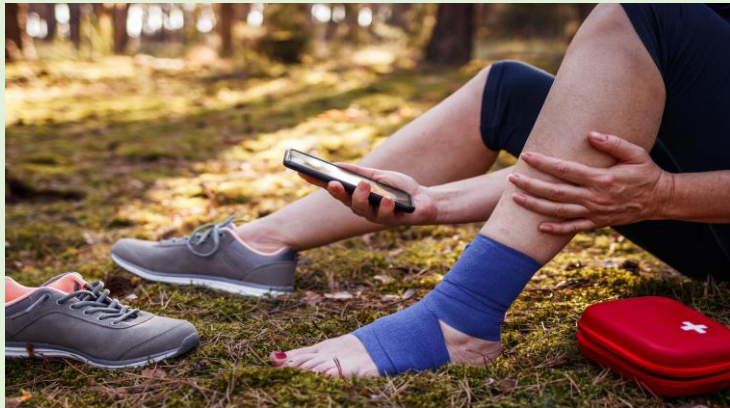




Never get lost again

With the what3words app, it's easy to find, share and save precise locations.

1. You could get the **what.three.words** app



How to tell the emergency services where you are



what3words.com/products/what3words-app

2. Some **smartphones** have a built-in feature to call the emergency services and share your location. Find out how to use this on your phone.

3. You could also use a **maps app** to pinpoint and share your location. Learn how to do this so you're ready for an emergency.



Flooding

How it affects everyone Learn

Read 3 characters' flood stories and discuss how they could be affected.

Investigating your risk Learn

Look at local flood maps and the role of the emergency services to explore how flooding can affect us all.

Worksheet: note writing help

The dangers of flooding Learn

Examine images of flooding and identify the dangers.

Game of BOB Apply

Play a scenario game to find out about bug out bags and why it is important to have one ready.

Prepare your home Apply

Play a 'choose your own adventure' game to learn how to respond to flood alerts and warnings.

Sharing ways to prepare Share

Create resources to share with friends and family. This activity is designed to be repeated.

Heatwaves

Facts Learn

Find out about the effects of heatwaves through completing a quiz.

Worksheet: heatwave facts to print

Safety Apply

Learn how heatwaves affects our body and the first aid to help. Apply these to different scenarios.

Poster: heatwaves scenarios

Poster: heatwaves first aid

Help others cope Share

Create a decision flowchart to share with friends and family to help them prepare for a heatwave.

Worksheet: decision flowcharts



Rate these resources

Fill in this quick survey to help us improve Weather Together.

[Link](#)

Eco-anxiety

What is it Learn

Read a character's experience of eco-anxiety and use this to define what it is.

How to cope Apply

Examine a list of ways to cope and apply this to yourself and others.

Worksheet: coping with eco-anxiety

Helping others Share

Create a video/script for social media of how to cope with eco-anxiety to share with friends and family.

Worksheet: eco-anxiety video script

For use across all topics

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Bronze certificate

Plenaries

Silver certificate

Weather Together
award tracker

Gold certificate

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Flooding

Game of BOB

Apply

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