



Made in
collaboration
with the



Understanding
people's
experiences
of migration



Learning outcomes

Learn about what it may feel like to be forced to **leave home**.

Apply your knowledge to practise **empathy**, through exploring the **similarities** we have with those who migrate.

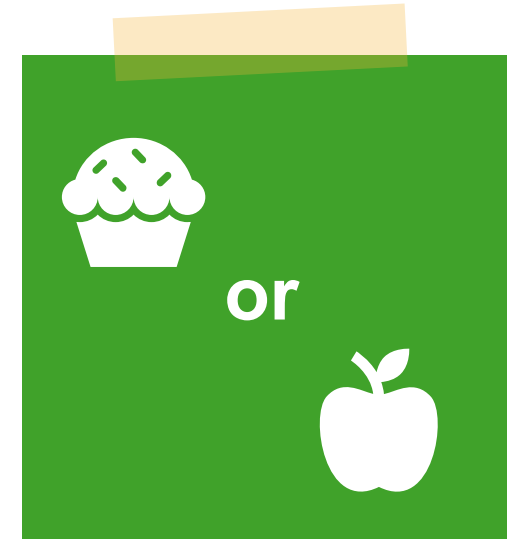
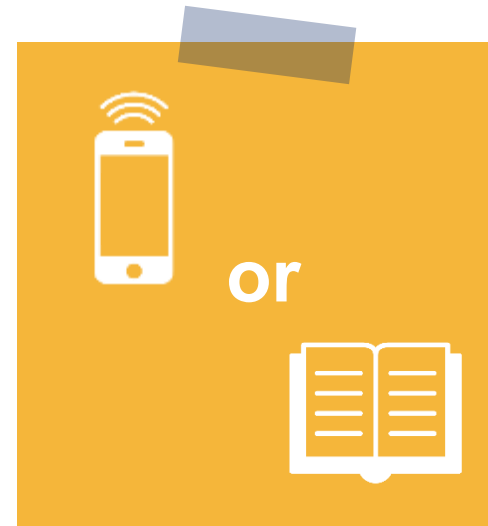
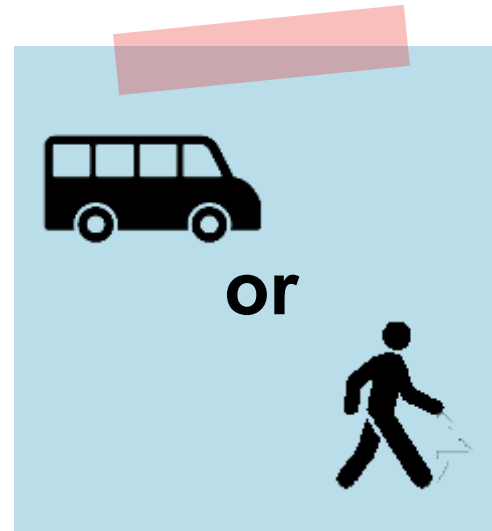
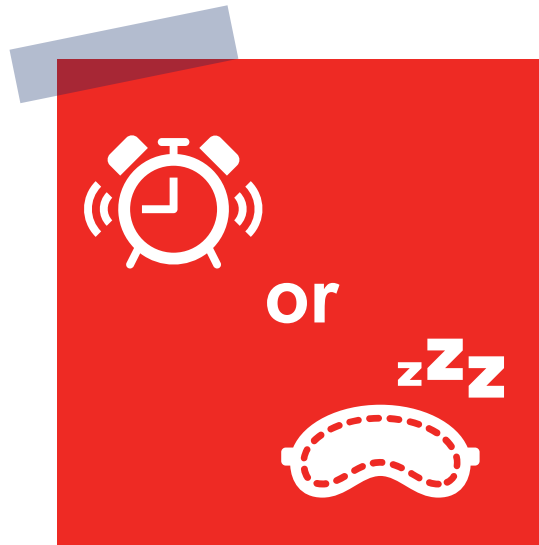
Share how you can help refugees and people seeking asylum **feel welcome** in your community.

The activities you are about to do were created by six people who have **experience** of migration.

Find out about the work the **VOICES** network do in this video.



Think about the last choice you made today...



... was it a difficult choice to make?



We are going to look at a story of a family forced to make some **difficult** choices.

Watch their story and note down all the **choices** they had to make.





What **choices** did the birds have to make throughout their journey?



What do the birds in this story **represent**?



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Leaving home



Reflection

A

Think about a time you were in an unfamiliar place or situation. For example, have you joined a new club, moved house or changed schools?

- How did this make you feel?
- Was it your choice to move?
- How was your choice different to the birds'?



B

Think about how it might feel to make a choice of staying in a dangerous place or leaving to an unknown destination.

- What do you think it would feel like to leave safety?
- Would you have made different choices to the bird family?



Mada's story

Listen to this podcast clip where **Mada** talks about a difficult decision she made during her journey from Syria to Egypt, to the UK with her **family**.

the kind place **podcast**
we are voices

episode 3





"My son would ask strangers to be his dad"

A story of theft, a child kidnap attempt... and finally, a happy reunion

 Article  2 minutes

How did listening to Mada and her family's story make you **feel**?

Click on this article to read Mada's story in full.





**You are going
to explore
someone's
messy room**

**Choose an
item in the
room and
describe it.**

**What can you tell
about the person
from the item?**

**Click
to reveal the
story behind
each one**



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Choose
an item.

What do
you think it
tells us
about the
person?

Click on
the item
find out
more.

Finished
exploring?
Click here.



Return
to the
room



This phone...

Click here
to reveal
the story



Did you know...

Phones are one of the most valuable items for people on the move.



If you had to leave home quickly, which items would you take with you?



Return
to the
room



This football...

**Click here
to reveal
the story**



Did you know...

In his childhood, footballer Luka Modrić, fled his home during the Croatian War of Independence.



Since then, he has played for some of the top clubs in the world, such as Real Madrid, and won the Ballon d'Or.



Return
to the
room



This bear...

**Click here
to reveal
the story**



Did you know...
43.3 million children
were displaced in
2022 due to conflict.



Do you have any toys
you could donate to
organisations that
work with refugees
and asylum seekers in
your area?

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Return
to the
room



These socks...

Click here
to reveal
the story



Did you know...

Rio 2016 was the first
Olympic games with a
dedicated team for refugees.



Why do you think this team
was created?

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Return
to the
room



This empty plate...

Click here
to reveal
the story



Did you know...

The UK's favourite cuisines
to eat are from countries
around the world.



What dishes bring you
happy memories?



Return
to the
room



These headphones...

Click here
to reveal
the story



Our podcast!

Listen together to hear
some more people's
stories.



BritishRedCross



Return
to the
room



Which of these items do you have in **your** room?

What did you find out about the **person** who lives in the messy room from these items?

Which item in your room **means** the most to you?

Messy room

BritishRedCross



What **small, kind acts** could you do in your community to make people who have newly arrived feel **welcome**?



Here are some ideas...

Give **directions**
to someone who
looks lost

Hand **write**
welcome
cards

Find out if there
is **volunteering**
in your area

Invite new
people along to
a club or
activity you do

Smile at
people

Can you
think of any
others?

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Small kind acts





Make a **group pledge** to do one kind act per week for a month.

Share your acts with the group at the same time each week.



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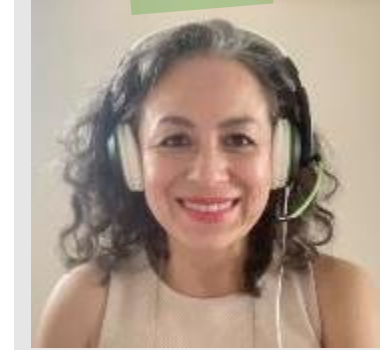
Small kind acts



The **VOICES**
ambassadors - who
made these activities –
would love to see your
work!



Send us any of your
**reflections, class
pledges and ideas** for
helping refugees and
asylum seekers in your
community or school.



Our email:
redcrosseducation@britishredcross.org.uk

**Thank
you!**

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