

30 Minutes



Whole group



Reading



Learn why you need to prepare for a flood emergency.

What you need

- Before the activity, open and check the flood maps for your area
- Optional: laptops/tablets
- Optional: <u>note writing</u>
 <u>help</u>, printed as required for learners.

Weather Together: Flooding - Investigating your risk

Success criteria

- Must know that flooding can affect anyone.
- Should discuss how flooding can affect people who are not in direct risk of flooding.

How to run the activity

- 1. Invite learners to start by taking a pause. Read the Take a pause prompts to learners (their eyes will be shut) [3].
- 2. Introduce the objective and big question [4,5].
- 3. Explain that learners will look at a flood map for their area and answer the challenge question. Spend some time exploring the map as a group. Use the question prompts in the 'notes' section of the slide for support [6].
- 4. Explain that now learners will hear Femi's story which will help them answer the challenge question. Work through the story [7-11].
- 5. Then, invite learners to discuss the challenge question and share ideas [12].
- 6. Next focus learners on the role of the emergency services in a flood and discuss how this could affect all of us [13-17].
- 7. Finally, refer back to the big question to review progress [18].

Ways to adapt

- If examining the map will be too emotionally challenging for your learners, skip slide 6 and instead focus on Femi's story as a case study [7-9].
- To extend the activity, ask learners to create a news story about flooding in their area. Encourage them to perform to their peers and gain feedback.

Curriculum links

- England: PSHE, Language and literacy
- Scotland: Health and wellbeing, Literacy
- Wales: Health and Wellbeing, Languages, Literacy and Communication
- Northern Ireland: Communication, Thinking skills and personal capabilities, Language and literacy



Imagine a place you love, that makes you feel happy.

Focussing on something positive when we feel anxious can help us cope.

- 1. Sit up straight, close your eyes if you want to, take a few deep breaths and imagine a place that makes you feel relaxed and happy.
- 2. What can you see there? Who?
- What can you smell?
- 4. What can you hear?

Take a pause













To meet this objective, you will examine a map of flood risks in your area. You will read Femi's story of how he was affected by a flood.

Weather Together

Investigating your risk Learn





Flooding can affect people even if their home isn't flooded. How?



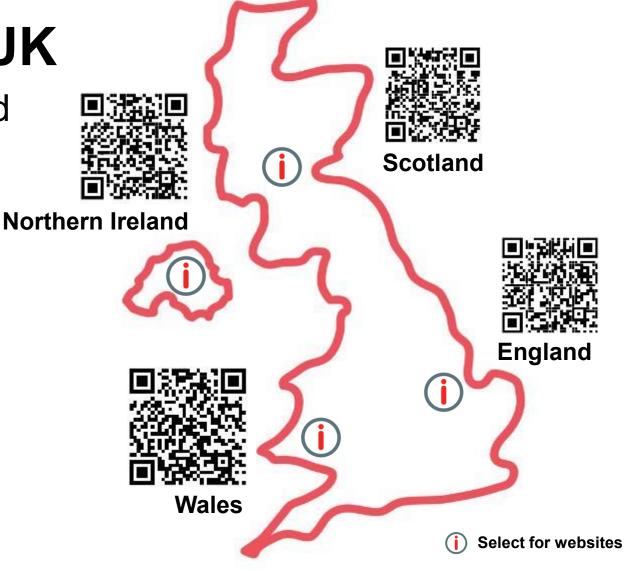


Flood maps in the UK

Visit your nation's website and examine the map to learn about the flood risk in your area.

Some areas will appear not to have a direct flood risk.

Challenge question: how can flooding affect people living in all areas?











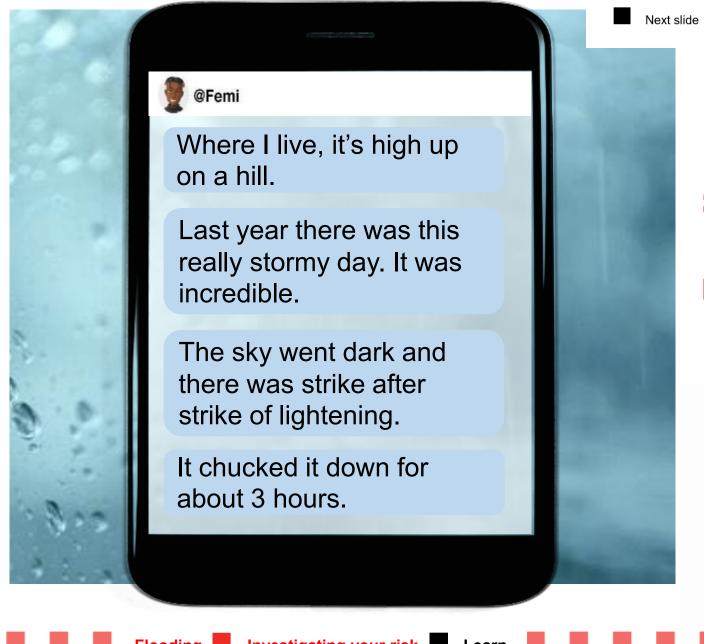


As you read, make some notes to help you answer the challenge question.

Challenge question: how can flooding affect people living in all areas?









Flooding

Investigating your risk

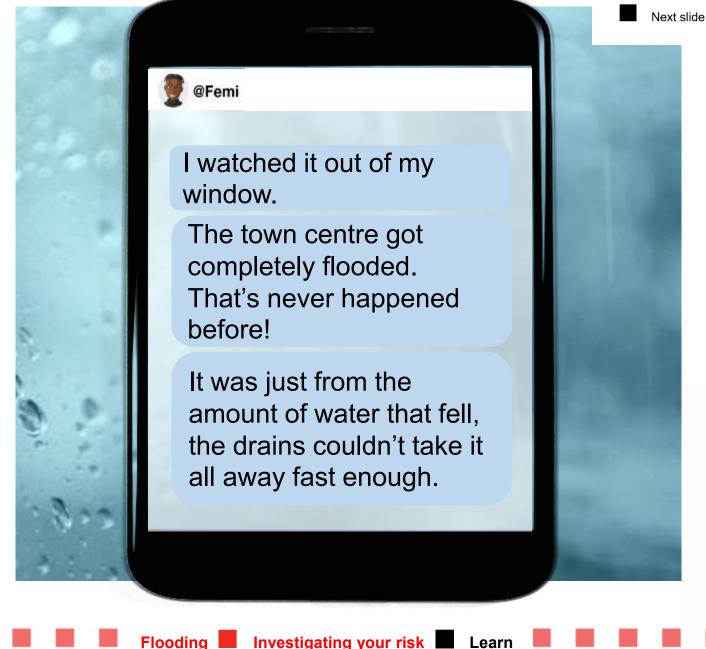
Learn

As you read, make some notes to help you answer the challenge question.

Challenge question: how can flooding affect people living in all areas?







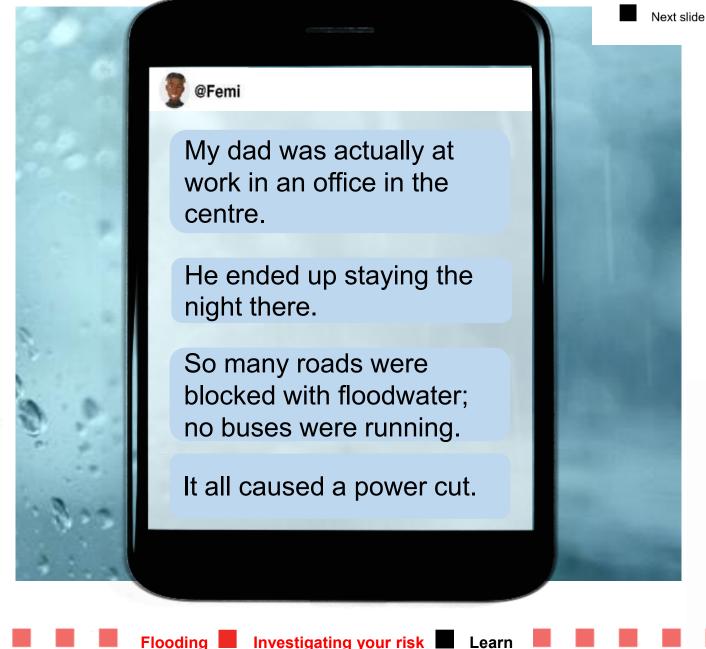


As you read, make some notes to help you answer the challenge question.

Challenge question: how can flooding affect people living in all areas?





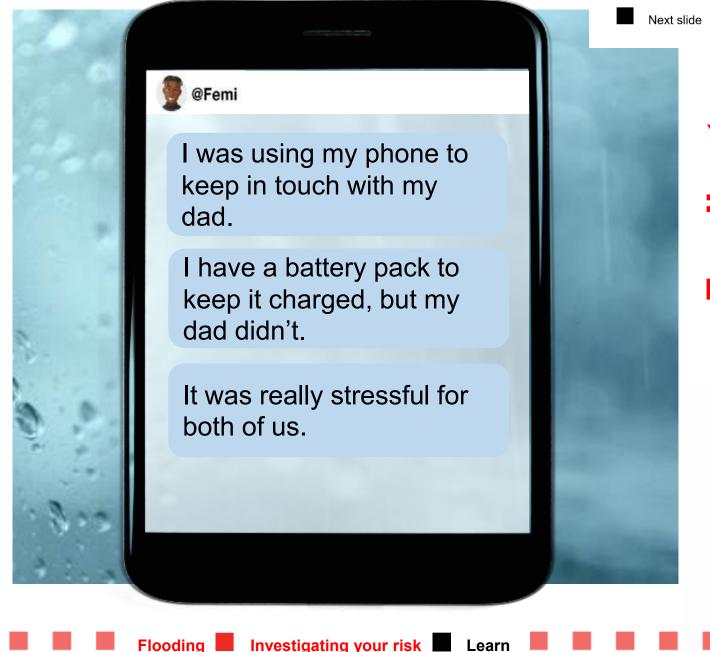


As you read, make some notes to help you answer the challenge question.

Challenge question: how can flooding affect people living in all areas?







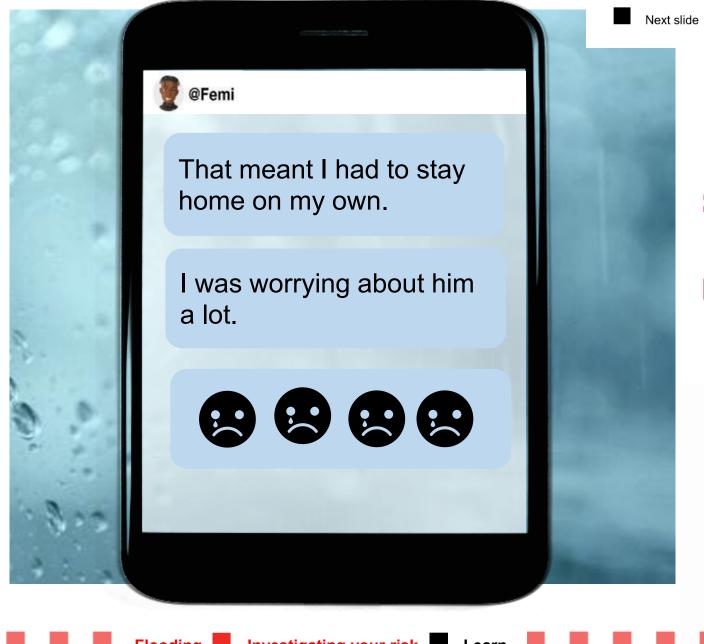


As you read, make some notes to help you answer the challenge question.

Challenge question: how can flooding affect people living in all areas?







Weather Together

Flooding

Investigating your risk

Lear

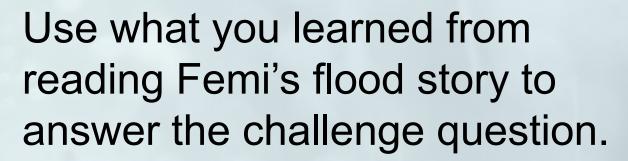
Femi's flood story

Femi shows us how somebody can be affected by flooding, even if their house isn't flooded.

Challenge question: how can flooding affect people living in all areas?







- 1. First, compare your notes with a partner.
- 2. Then, share your ideas with the group.





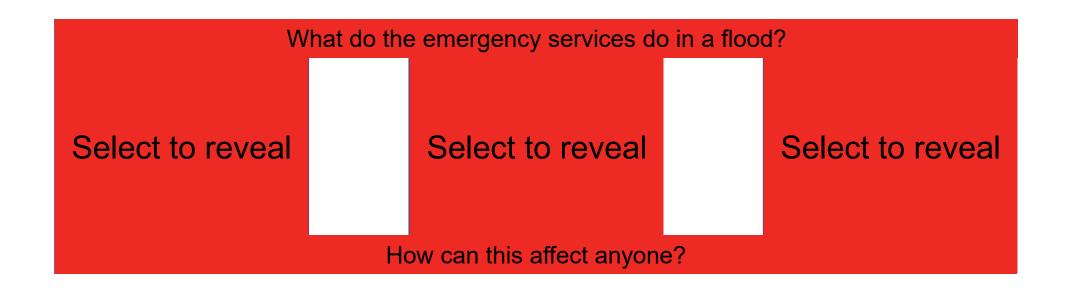






Emergency services

What are the emergency services?







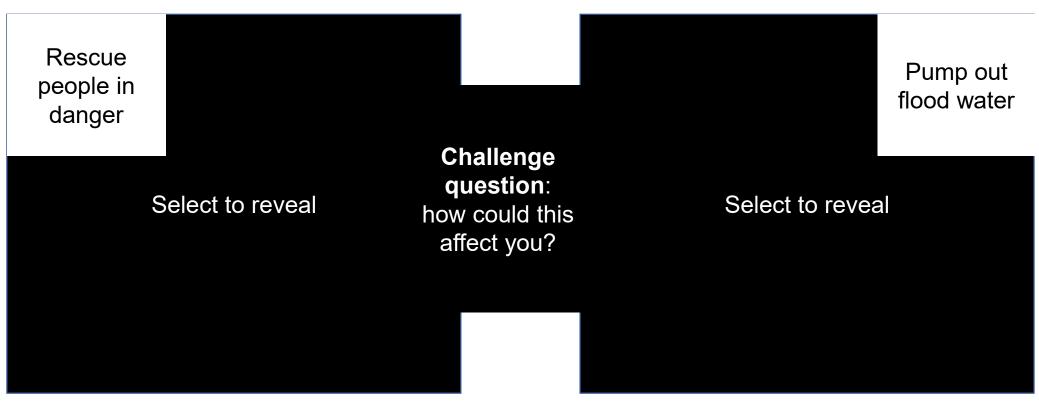






The fire and rescue service

During a flood emergency, the fire service:







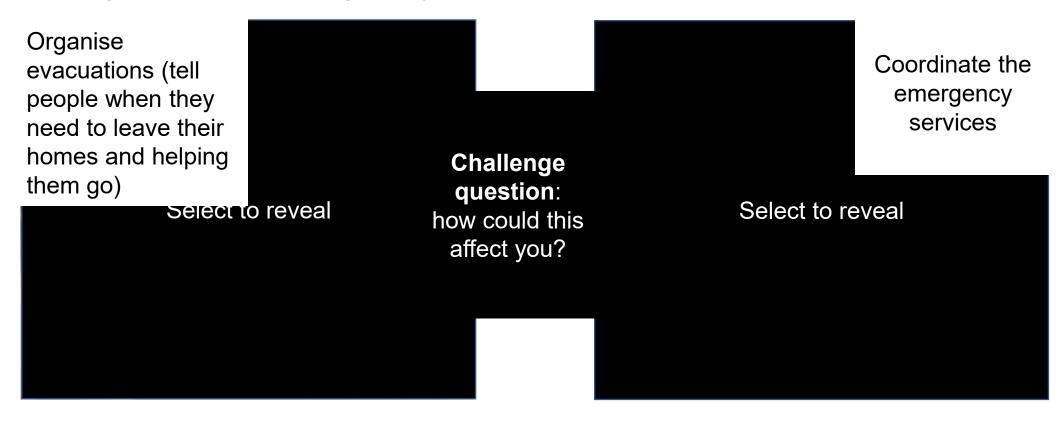






The police force

During a flood emergency, the police force:













The ambulance service

During a flood emergency, the ambulance service:

Helps people by providing treatment where the accident happened.

Select to reveal

Challenge question: how could this affect you?











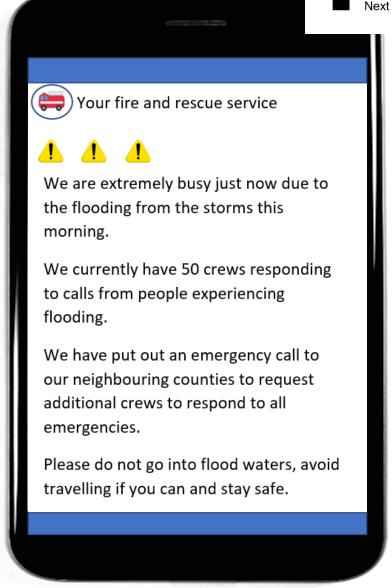
How flooding affects us all

If there is a flood, getting help will take longer. The emergency services will be sent to where there is the most need.

Even if someone's area hasn't been flooded, it will still affect them.

What if they had an accident and needed help?

Learning first aid skills can be lifesaving! Try using the British Red Cross first aid app.























Resources and support









Where to find more information

Get advice and information in a flood by calling Floodline.

Telephone: **0345 988 1188** Textphone: 0345 602 6340

24-hour service

Sign up for free alerts



https://www.gov.uk/signup-for-flood-warnings

Visit the British Red Cross website to learn more about how to prepare for and cope in a flood.



www.redcross.org.uk/gethelp/prepare-foremergencies/how-toprepare-for-floods-andflooding

Learn how the British Red Cross is ready to help in a crisis



www.redcross.org.uk/s tories/disasters-andemergencies/uk/howthe-british-red-crosshelps-during-a-flood













You can also find tips on how to prepare for emergencies both at home or while out and about.



Use this QR code to download



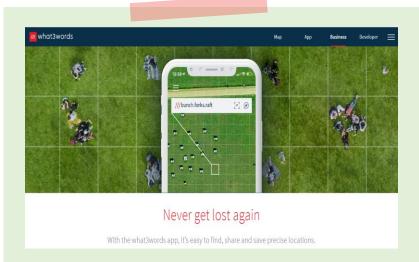












1. You could get the what.three.words app



How to tell the emergency services where you are



what3words.com/prod ucts/what3words-app

- 2. Some smartphones have a built-in feature to call the emergency services and share your location. Find out how to use this on your phone.
- 3. You could also use a maps **app** to pinpoint and share your location. Learn how to do this so you're ready for an emergency.















Sources of support



Contact Childline

You can contact Childline about anything. Whatever your worry, it's better out than in. They are here to support you.

You can reach them by:

- Call 0800 1111 for free
- Have a 1-2-1 chat with a counsellor on their website
- Email them by following the instructions on their website

Contact YoungMinds

YoungMinds are the UK's leading charity fighting for children and young people's mental health.

You can reach them by:

- For 24/7 crisis support you can text YM to 8525
- Find out about CAMHS, who's who in mental health services and who you can call if you need to talk to someone at their website

Contact Samaritans

Samaritans is not only for the moment of crisis, they are taking action to prevent the crisis.

You can reach them by:

- Call them for free, 24/7 on 116 123
- Email them: <u>jo@samaritans.org</u>



















Flooding

How it affects everyone

Read 3 characters' flood stories and discuss how they could be affected.

Investigating your risk Learn

Look at local flood maps and the role of the emergency services to explore how flooding can affect us all.

Worksheet: note writing help

The dangers of flooding Learn

Examine images of flooding and identify the dangers.

Game of BOB Apply

Play a scenario game to find out about bug out bags and why it is important to have one ready.

Prepare your home VlqqA

Play a 'choose your own adventure' game to learn how to respond to flood alerts and warnings.

Sharing ways to prepare Share

Create resources to share with friends and family. This activity is designed to be repeated.

Heatwaves



Find out about the effects of heatwaves through completing a quiz.

Worksheet: heatwave facts to print

Safety



Learn how heatwaves affects our body and the first aid to help. Apply these to different scenarios.

Poster: heatwaves scenarios Poster: heatwaves first aid

Help others cope Share

Create a decision flowchart to share with friends and family to help them prepare for a heatwave.

Worksheet: decision flowcharts



Rate these resources

Fill in this quick survey to help us improve Weather Together.



Eco-anxiety

What is it Learn

Read a character's experience of ecoanxiety and use this to define what it is.

How to cope Apply

Examine a list of ways to cope and apply this to yourself and others.

Worksheet: coping with eco-anxiety

Helping others Share

Create a video/script for social media of how to cope with eco-anxiety to share with friends and family.

Worksheet: eco-anxiety video script

For use across all topics

Starters Bronze certificate

Plenaries Silver certificate

Weather Together award tracker

Gold certificate

Open another activity

Click here to open the full web index.



















